

Competition Uniform Rules

Little Athletics NSW Competition Uniform Rules are as follows:

- 1. Little Athletics NSW must approve ALL centre uniforms.
- 2. ALL athletes must compete in their registered centre uniform. In the case of "individually registered athletes" centre uniform shall be classified as the generic uniform, as determined by Little Athletics NSW.
- 3. If the uniform top has a logo, it must be no more than 5cm in height, have lettering no more than 4cm in height and not exceed a total of 30cm sq (ie. 5cm x 6cm, 3cm x 10cm etc.), unless the logo is a centre logo or a centre sponsor logo approved by LANSW.
- 4. No part of the **clothing** shall extend beyond the top of the knee for any walk event.
- 5. Competition singlets/t-shirts must not cover any compulsory numbers (e.g. centre number) or patches (e.g. age patch). An athlete will be asked to tuck in the singlet/t-shirt if it covers a compulsory number or patch and an athlete may be fouled or disqualified if they fail to comply with this request.
- 6. Athletes may wear a plain "T" shirt under their competition uniform. (The colouring of such a "T" shirt must be of a neutral colour so that it does not clash with the uniform design or colour. A white "T" shirt would be preferred).
- 7. All registration numbers must show the red border. No modifications can be made.